

**LEGENDE:**

zwarte banen = bezet    blauwe banen = groepslessen    paarse banen = Sportoase zwemschool

| Maandag 17 december - Zwembadbezetting |       |        |             |   |   |   |   |
|--|-------|--------|-------------|---|---|---|---|
| 25 meter sportbad                      |       |        |             |   |   |   |   |
|  |       | DIEPTE | 1           | 2 | 3 | 4 | 5 |
| 8:00                                   | 8:15  | 1m35   |             |   |   |   |   |
| 8:15                                   | 8:30  | 1m35   |             |   |   |   |   |
| 8:30                                   | 8:45  | 1m35   |             |   |   |   |   |
| 8:45                                   | 9:00  | 1m35   |             |   |   |   |   |
| 9:00                                   | 9:15  | 1m35   |             |   |   |   |   |
| 9:15                                   | 9:30  | 1m35   |             |   |   |   |   |
| 9:30                                   | 9:45  | 1m35   |             |   |   |   |   |
| 9:45                                   | 10:00 | 1m35   |             |   |   |   |   |
| 10:00                                  | 10:15 | 1m35   |             |   |   |   |   |
| 10:15                                  | 10:30 | 1m35   |             |   |   |   |   |
| 10:30                                  | 10:45 | 1m35   |             |   |   |   |   |
| 10:45                                  | 11:00 | 1m35   |             |   |   |   |   |
| 11:00                                  | 11:15 | 1m35   |             |   |   |   |   |
| 11:15                                  | 11:30 | 1m35   |             |   |   |   |   |
| 11:30                                  | 11:45 | 1m35   | AquaSenior  |   |   |   |   |
| 11:45                                  | 12:00 | 1m35   | AquaSenior  |   |   |   |   |
| 12:00                                  | 12:15 | 1m35   |             |   |   |   |   |
| 12:15                                  | 12:30 | 1m35   |             |   |   |   |   |
| 12:30                                  | 12:45 | 1m35   |             |   |   |   |   |
| 12:45                                  | 13:00 | 1m35   |             |   |   |   |   |
| 13:00                                  | 13:15 | 1m35   |             |   |   |   |   |
| 13:15                                  | 13:30 | 1m35   |             |   |   |   |   |
| 13:30                                  | 13:45 | 1m35   |             |   |   |   |   |
| 13:45                                  | 14:00 | 1m35   |             |   |   |   |   |
| 14:00                                  | 14:15 | 1m35   |             |   |   |   |   |
| 14:15                                  | 14:30 | 1m35   |             |   |   |   |   |
| 14:30                                  | 14:45 | 1m35   |             |   |   |   |   |
| 14:45                                  | 15:00 | 1m35   |             |   |   |   |   |
| 15:00                                  | 15:15 | 1m35   |             |   |   |   |   |
| 15:15                                  | 15:30 | 1m35   |             |   |   |   |   |
| 15:30                                  | 15:45 | 1m35   |             |   |   |   |   |
| 15:45                                  | 16:00 | 1m35   |             |   |   |   |   |
| 16:00                                  | 16:15 | 1m35   |             |   |   |   |   |
| 16:15                                  | 16:30 | 1m35   |             |   |   |   |   |
| 16:30                                  | 16:45 | 1m35   |             |   |   |   |   |
| 16:45                                  | 17:00 | 1m35   |             |   |   |   |   |
| 17:00                                  | 17:15 | 1m35   |             |   |   |   |   |
| 17:15                                  | 17:30 | 1m35   |             |   |   |   |   |
| 17:30                                  | 17:45 | 1m35   | AquaYouth   |   |   |   |   |
| 17:45                                  | 18:00 | 1m35   | AquaYouth   |   |   |   |   |
| 18:00                                  | 18:15 | 1m35   |             |   |   |   |   |
| 18:15                                  | 18:30 | 1m35   |             |   |   |   |   |
| 18:30                                  | 18:45 | 1m35   |             |   |   |   |   |
| 18:45                                  | 19:00 | 1m35   |             |   |   |   |   |
| 19:00                                  | 19:15 | 1m35   |             |   |   |   |   |
| 19:15                                  | 19:30 | 1m35   | Aquabalance |   |   |   |   |
| 19:30                                  | 19:45 | 1m35   | Aquabalance |   |   |   |   |
| 19:45                                  | 20:00 | 1m35   | Aquabalance |   |   |   |   |
| 20:00                                  | 20:15 | 1m35   |             |   |   |   |   |
| 20:15                                  | 20:30 | 1m35   | AquaFit     |   |   |   |   |
| 20:30                                  | 20:45 | 1m35   | AquaFit     |   |   |   |   |
| 20:45                                  | 21:00 | 1m35   | AquaFit     |   |   |   |   |
| 21:00                                  | 21:15 | 1m35   |             |   |   |   |   |
| 21:15                                  | 21:30 | 1m35   |             |   |   |   |   |
| 21:30                                  | 21:45 | 1m35   |             |   |   |   |   |
| 21:45                                  | 22:00 | 1m35   |             |   |   |   |   |

**LEGENDE:**  
 zwarte banen = bezet    blauwe banen = groepslessen    paarse banen = Sportoase zwemschool

| Dinsdag 18 december - Zwembadbezetting |       |        |                     |   |   |   |   |  |
|--|-------|--------|---------------------|---|---|---|---|--|
| 25 meter sportbad                      |       |        |                     |   |   |   |   |  |
|  |       | DIEPTE | 1                   | 2 | 3 | 4 | 5 |  |
| 8:00                                   | 8:15  | 1m35   |                     |   |   |   |   |  |
| 8:15                                   | 8:30  | 1m35   |                     |   |   |   |   |  |
| 8:30                                   | 8:45  | 1m35   |                     |   |   |   |   |  |
| 8:45                                   | 9:00  | 1m35   |                     |   |   |   |   |  |
| 9:00                                   | 9:15  | 1m35   |                     |   |   |   |   |  |
| 9:15                                   | 9:30  | 1m35   |                     |   |   |   |   |  |
| 9:30                                   | 9:45  | 1m35   |                     |   |   |   |   |  |
| 9:45                                   | 10:00 | 1m35   |                     |   |   |   |   |  |
| 10:00                                  | 10:15 | 1m35   |                     |   |   |   |   |  |
| 10:15                                  | 10:30 | 1m35   |                     |   |   |   |   |  |
| 10:30                                  | 10:45 | 1m35   |                     |   |   |   |   |  |
| 10:45                                  | 11:00 | 1m35   |                     |   |   |   |   |  |
| 11:00                                  | 11:15 | 1m35   |                     |   |   |   |   |  |
| 11:15                                  | 11:30 | 1m35   |                     |   |   |   |   |  |
| 11:30                                  | 11:45 | 1m35   |                     |   |   |   |   |  |
| 11:45                                  | 12:00 | 1m35   |                     |   |   |   |   |  |
| 12:00                                  | 12:15 | 1m35   |                     |   |   |   |   |  |
| 12:15                                  | 12:30 | 1m35   |                     |   |   |   |   |  |
| 12:30                                  | 12:45 | 1m35   |                     |   |   |   |   |  |
| 12:45                                  | 13:00 | 1m35   |                     |   |   |   |   |  |
| 13:00                                  | 13:15 | 1m35   |                     |   |   |   |   |  |
| 13:15                                  | 13:30 | 1m35   |                     |   |   |   |   |  |
| 13:30                                  | 13:45 | 1m35   |                     |   |   |   |   |  |
| 13:45                                  | 14:00 | 1m35   |                     |   |   |   |   |  |
| 14:00                                  | 14:15 | 1m35   |                     |   |   |   |   |  |
| 14:15                                  | 14:30 | 1m35   |                     |   |   |   |   |  |
| 14:30                                  | 14:45 | 1m35   |                     |   |   |   |   |  |
| 14:45                                  | 15:00 | 1m35   |                     |   |   |   |   |  |
| 15:00                                  | 15:15 | 1m35   |                     |   |   |   |   |  |
| 15:15                                  | 15:30 | 1m35   |                     |   |   |   |   |  |
| 15:30                                  | 15:45 | 1m35   |                     |   |   |   |   |  |
| 15:45                                  | 16:00 | 1m35   |                     |   |   |   |   |  |
| 16:00                                  | 16:15 | 1m35   |                     |   |   |   |   |  |
| 16:15                                  | 16:30 | 1m35   |                     |   |   |   |   |  |
| 16:30                                  | 16:45 | 1m35   |                     |   |   |   |   |  |
| 16:45                                  | 17:00 | 1m35   |                     |   |   |   |   |  |
| 17:00                                  | 17:15 | 1m35   |                     |   |   |   |   |  |
| 17:15                                  | 17:30 | 1m35   |                     |   |   |   |   |  |
| 17:30                                  | 17:45 | 1m35   |                     |   |   |   |   |  |
| 17:45                                  | 18:00 | 1m35   | Zwangerschapswemmen |   |   |   |   |  |
| 18:00                                  | 18:15 | 1m35   |                     |   |   |   |   |  |
| 18:15                                  | 18:30 | 1m35   |                     |   |   |   |   |  |
| 18:30                                  | 18:45 | 1m35   |                     |   |   |   |   |  |
| 18:45                                  | 19:00 | 1m35   |                     |   |   |   |   |  |
| 19:00                                  | 19:15 | 2m     |                     |   |   |   |   |  |
| 19:15                                  | 19:30 | 2m     |                     |   |   |   |   |  |
| 19:30                                  | 19:45 | 2m     |                     |   |   |   |   |  |
| 19:45                                  | 20:00 | 2m     |                     |   |   |   |   |  |
| 20:00                                  | 20:15 | 2m     |                     |   |   |   |   |  |
| 20:15                                  | 20:30 | 2m     |                     |   |   |   |   |  |
| 20:30                                  | 20:45 | 2m     |                     |   |   |   |   |  |
| 20:45                                  | 21:00 | 2m     |                     |   |   |   |   |  |
| 21:00                                  | 21:15 | 1m34   |                     |   |   |   |   |  |
| 21:15                                  | 21:30 | 1m35   |                     |   |   |   |   |  |
| 21:30                                  | 21:45 | 1m35   |                     |   |   |   |   |  |
| 21:45                                  | 22:00 | 1m35   |                     |   |   |   |   |  |

**LEGENDE:**

zwarte banen = bezet    blauwe banen = groepslessen    paarse banen = Sportoase zwemschool

**Woensdag 19 december - Zwembadbezetting**

**25 meter sportbad**

|       |       | DIEPTE | 1 | 2 | 3 | 4 | 5 |
|-------|-------|--------|---|---|---|---|---|
| 8:00  | 8:15  | 1m35   |   |   |   |   |   |
| 8:15  | 8:30  | 1m35   |   |   |   |   |   |
| 8:30  | 8:45  | 1m35   |   |   |   |   |   |
| 8:45  | 9:00  | 1m35   |   |   |   |   |   |
| 9:00  | 9:15  | 1m35   |   |   |   |   |   |
| 9:15  | 9:30  | 1m35   |   |   |   |   |   |
| 9:30  | 9:45  | 1m35   |   |   |   |   |   |
| 9:45  | 10:00 | 1m35   |   |   |   |   |   |
| 10:00 | 10:15 | 1m35   |   |   |   |   |   |
| 10:15 | 10:30 | 1m35   |   |   |   |   |   |
| 10:30 | 10:45 | 1m35   |   |   |   |   |   |
| 10:45 | 11:00 | 1m35   |   |   |   |   |   |
| 11:00 | 11:15 | 1m35   |   |   |   |   |   |
| 11:15 | 11:30 | 1m35   |   |   |   |   |   |
| 11:30 | 11:45 | 1m35   |   |   |   |   |   |
| 11:45 | 12:00 | 1m35   |   |   |   |   |   |
| 12:00 | 12:15 | 1m35   |   |   |   |   |   |
| 12:15 | 12:30 | 1m35   |   |   |   |   |   |
| 12:30 | 12:45 | 1m35   |   |   |   |   |   |
| 12:45 | 13:00 | 1m35   |   |   |   |   |   |
| 13:00 | 13:15 | 1m35   |   |   |   |   |   |
| 13:15 | 13:30 | 1m35   |   |   |   |   |   |
| 13:30 | 13:45 | 1m35   |   |   |   |   |   |
| 13:45 | 14:00 | 1m35   |   |   |   |   |   |
| 14:00 | 14:15 | 1m35   |   |   |   |   |   |
| 14:15 | 14:30 | 1m35   |   |   |   |   |   |
| 14:30 | 14:45 | 1m35   |   |   |   |   |   |
| 14:45 | 15:00 | 1m35   |   |   |   |   |   |
| 15:00 | 15:15 | 1m35   |   |   |   |   |   |
| 15:15 | 15:30 | 1m35   |   |   |   |   |   |
| 15:30 | 15:45 | 1m35   |   |   |   |   |   |
| 15:45 | 16:00 | 1m35   |   |   |   |   |   |
| 16:00 | 16:15 | 1m35   |   |   |   |   |   |
| 16:15 | 16:30 | 1m35   |   |   |   |   |   |
| 16:30 | 16:45 | 1m35   |   |   |   |   |   |
| 16:45 | 17:00 | 1m35   |   |   |   |   |   |
| 17:00 | 17:15 | 1m35   |   |   |   |   |   |
| 17:15 | 17:30 | 1m35   |   |   |   |   |   |
| 17:30 | 17:45 | 1m35   |   |   |   |   |   |
| 17:45 | 18:00 | 1m35   |   |   |   |   |   |
| 18:00 | 18:15 | 1m35   |   |   |   |   |   |
| 18:15 | 18:30 | 1m35   |   |   |   |   |   |
| 18:30 | 18:45 | 1m35   |   |   |   |   |   |
| 18:45 | 19:00 | 1m35   |   |   |   |   |   |
| 19:00 | 19:15 | 1m35   |   |   |   |   |   |
| 19:15 | 19:30 | 1m35   |   |   |   |   |   |
| 19:30 | 19:45 | 1m35   |   |   |   |   |   |
| 19:45 | 20:00 | 1m35   |   |   |   |   |   |
| 20:00 | 20:15 | 2m     |   |   |   |   |   |
| 20:15 | 20:30 | 2m     |   |   |   |   |   |
| 20:30 | 20:45 | 2m     |   |   |   |   |   |
| 20:45 | 21:00 | 2m     |   |   |   |   |   |
| 21:00 | 21:15 | 1m35   |   |   |   |   |   |
| 21:15 | 21:30 | 1m35   |   |   |   |   |   |
| 21:30 | 21:45 | 1m35   |   |   |   |   |   |
| 21:45 | 22:00 | 1m35   |   |   |   |   |   |

**LEGENDE:**

zwarte banen = bezet    blauwe banen = groepslessen    paarse banen = Sportoase zwemschool

**Donderdag 20 december - Zwembadbezetting**

**25 meter sportbad**

|       |       | DIEPTE | 1           | 2 | 3 | 4 | 5 |  |
|-------|-------|--------|-------------|---|---|---|---|--|
| 8:00  | 8:15  | 1m35   |             |   |   |   |   |  |
| 8:15  | 8:30  | 1m35   |             |   |   |   |   |  |
| 8:30  | 8:45  | 1m35   |             |   |   |   |   |  |
| 8:45  | 9:00  | 1m35   |             |   |   |   |   |  |
| 9:00  | 9:15  | 1m35   |             |   |   |   |   |  |
| 9:15  | 9:30  | 1m35   | AquaSenior  |   |   |   |   |  |
| 9:30  | 9:45  | 1m35   |             |   |   |   |   |  |
| 9:45  | 10:00 | 1m35   |             |   |   |   |   |  |
| 10:00 | 10:15 | 1m35   |             |   |   |   |   |  |
| 10:15 | 10:30 | 1m35   |             |   |   |   |   |  |
| 10:30 | 10:45 | 1m35   |             |   |   |   |   |  |
| 10:45 | 11:00 | 1m35   |             |   |   |   |   |  |
| 11:00 | 11:15 | 1m35   |             |   |   |   |   |  |
| 11:15 | 11:30 | 1m35   |             |   |   |   |   |  |
| 11:30 | 11:45 | 1m35   |             |   |   |   |   |  |
| 11:45 | 12:00 | 1m35   |             |   |   |   |   |  |
| 12:00 | 12:15 | 1m35   |             |   |   |   |   |  |
| 12:15 | 12:30 | 1m35   |             |   |   |   |   |  |
| 12:30 | 12:45 | 1m35   |             |   |   |   |   |  |
| 12:45 | 13:00 | 1m35   |             |   |   |   |   |  |
| 13:00 | 13:15 | 1m35   | zwart       |   |   |   |   |  |
| 13:15 | 13:30 | 1m35   |             |   |   |   |   |  |
| 13:30 | 13:45 | 1m35   |             |   |   |   |   |  |
| 13:45 | 14:00 | 1m35   |             |   |   |   |   |  |
| 14:00 | 14:15 | 1m35   |             |   |   |   |   |  |
| 14:15 | 14:30 | 1m35   |             |   |   |   |   |  |
| 14:30 | 14:45 | 1m35   |             |   |   |   |   |  |
| 14:45 | 15:00 | 1m35   |             |   |   |   |   |  |
| 15:00 | 15:15 | 1m35   |             |   |   |   |   |  |
| 15:15 | 15:30 | 1m35   |             |   |   |   |   |  |
| 15:30 | 15:45 | 1m35   |             |   |   |   |   |  |
| 15:45 | 16:00 | 1m35   |             |   |   |   |   |  |
| 16:00 | 16:15 | 1m35   |             |   |   |   |   |  |
| 16:15 | 16:30 | 1m35   |             |   |   |   |   |  |
| 16:30 | 16:45 | 1m35   |             |   |   |   |   |  |
| 16:45 | 17:00 | 1m35   |             |   |   |   |   |  |
| 17:00 | 17:15 | 1m35   |             |   |   |   |   |  |
| 17:15 | 17:30 | 1m35   |             |   |   |   |   |  |
| 17:30 | 17:45 | 1m35   |             |   |   |   |   |  |
| 17:45 | 18:00 | 1m35   |             |   |   |   |   |  |
| 18:00 | 18:15 | 1m35   | zwart       |   |   |   |   |  |
| 18:15 | 18:30 | 1m35   |             |   |   |   |   |  |
| 18:30 | 18:45 | 1m35   |             |   |   |   |   |  |
| 18:45 | 19:00 | 1m35   |             |   |   |   |   |  |
| 19:00 | 19:15 | 1m35   |             |   |   |   |   |  |
| 19:15 | 19:30 | 1m35   | Aquabalance |   |   |   |   |  |
| 19:30 | 19:45 | 1m35   |             |   |   |   |   |  |
| 19:45 | 20:00 | 1m35   |             |   |   |   |   |  |
| 20:00 | 20:15 | 1m35   |             |   |   |   |   |  |
| 20:15 | 20:30 | 1m35   | Aquafit     |   |   |   |   |  |
| 20:30 | 20:45 | 1m35   |             |   |   |   |   |  |
| 20:45 | 21:00 | 1m35   |             |   |   |   |   |  |
| 21:00 | 21:15 | 1m35   |             |   |   |   |   |  |
| 21:15 | 21:30 | 1m35   |             |   |   |   |   |  |
| 21:30 | 21:45 | 1m35   |             |   |   |   |   |  |
| 21:45 | 22:00 | 1m35   |             |   |   |   |   |  |

**LEGENDE:**

zwarte banen = bezet    blauwe banen = groepslessen    paarse banen = Sportoase zwemschool

| Vrijdag 21 december - Zwembadbezetting |       |        |         |   |   |   |   |
|--|-------|--------|---------|---|---|---|---|
| 25 meter sportbad                      |       |        |         |   |   |   |   |
|  |       | DIEPTE | 1       | 2 | 3 | 4 | 5 |
| 8:00                                   | 8:15  | 1m35   |         |   |   |   |   |
| 8:15                                   | 8:30  | 1m35   |         |   |   |   |   |
| 8:30                                   | 8:45  | 1m35   |         |   |   |   |   |
| 8:45                                   | 9:00  | 1m35   |         |   |   |   |   |
| 9:00                                   | 9:15  | 1m35   |         |   |   |   |   |
| 9:15                                   | 9:30  | 1m35   |         |   |   |   |   |
| 9:30                                   | 9:45  | 1m35   |         |   |   |   |   |
| 9:45                                   | 10:00 | 1m35   |         |   |   |   |   |
| 10:00                                  | 10:15 | 1m35   |         |   |   |   |   |
| 10:15                                  | 10:30 | 1m35   |         |   |   |   |   |
| 10:30                                  | 10:45 | 1m35   |         |   |   |   |   |
| 10:45                                  | 11:00 | 1m35   |         |   |   |   |   |
| 11:00                                  | 11:15 | 1m35   |         |   |   |   |   |
| 11:15                                  | 11:30 | 1m35   |         |   |   |   |   |
| 11:30                                  | 11:45 | 1m35   |         |   |   |   |   |
| 11:45                                  | 12:00 | 1m35   |         |   |   |   |   |
| 12:00                                  | 12:15 | 1m35   | AquaFit |   |   |   |   |
| 12:15                                  | 12:30 | 1m35   | AquaFit |   |   |   |   |
| 12:30                                  | 12:45 | 1m35   | AquaFit |   |   |   |   |
| 12:45                                  | 13:00 | 1m35   |         |   |   |   |   |
| 13:00                                  | 13:15 | 1m35   |         |   |   |   |   |
| 13:15                                  | 13:30 | 1m35   |         |   |   |   |   |
| 13:30                                  | 13:45 | 1m35   |         |   |   |   |   |
| 13:45                                  | 14:00 | 1m35   |         |   |   |   |   |
| 14:00                                  | 14:15 | 1m35   |         |   |   |   |   |
| 14:15                                  | 14:30 | 1m35   |         |   |   |   |   |
| 14:30                                  | 14:45 | 1m35   |         |   |   |   |   |
| 14:45                                  | 15:00 | 1m35   |         |   |   |   |   |
| 15:00                                  | 15:15 | 1m35   |         |   |   |   |   |
| 15:15                                  | 15:30 | 1m35   |         |   |   |   |   |
| 15:30                                  | 15:45 | 1m35   |         |   |   |   |   |
| 15:45                                  | 16:00 | 1m35   |         |   |   |   |   |
| 16:00                                  | 16:15 | 1m35   |         |   |   |   |   |
| 16:15                                  | 16:30 | 1m35   |         |   |   |   |   |
| 16:30                                  | 16:45 | 1m35   |         |   |   |   |   |
| 16:45                                  | 17:00 | 1m35   |         |   |   |   |   |
| 17:00                                  | 17:15 | 1m35   |         |   |   |   |   |
| 17:15                                  | 17:30 | 1m35   |         |   |   |   |   |
| 17:30                                  | 17:45 | 1m35   |         |   |   |   |   |
| 17:45                                  | 18:00 | 1m35   |         |   |   |   |   |
| 18:00                                  | 18:15 | 1m35   |         |   |   |   |   |
| 18:15                                  | 18:30 | 1m35   |         |   |   |   |   |
| 18:30                                  | 18:45 | 1m35   |         |   |   |   |   |
| 18:45                                  | 19:00 | 1m35   |         |   |   |   |   |
| 19:00                                  | 19:15 | 1m35   |         |   |   |   |   |
| 19:15                                  | 19:30 | 1m35   |         |   |   |   |   |
| 19:30                                  | 19:45 | 1m35   |         |   |   |   |   |
| 19:45                                  | 20:00 | 1m35   |         |   |   |   |   |
| 20:00                                  | 20:15 | 2m     |         |   |   |   |   |
| 20:15                                  | 20:30 | 2m     |         |   |   |   |   |
| 20:30                                  | 20:45 | 2m     |         |   |   |   |   |
| 20:45                                  | 21:00 | 2m     |         |   |   |   |   |
| 21:00                                  | 21:15 | 1m35   |         |   |   |   |   |
| 21:15                                  | 21:30 | 1m35   |         |   |   |   |   |
| 21:30                                  | 21:45 | 1m35   |         |   |   |   |   |
| 21:45                                  | 22:00 | 1m35   |         |   |   |   |   |

**LEGENDE:**  
 zwarte banen = bezet    blauwe banen = groepslessen    paarse banen = Sportoase zwemschool

| Zaterdag 22 december - Zwembadbezetting |       |        |   |   |   |   |   |
|---|-------|--------|---|---|---|---|---|
| 25 meter sportbad                       |       |        |   |   |   |   |   |
|   |       | DIEPTE | 1 | 2 | 3 | 4 | 5 |
| 8:00                                    | 8:15  | 1m35   |   |   |   |   |   |
| 8:15                                    | 8:30  | 1m35   |   |   |   |   |   |
| 8:30                                    | 8:45  | 1m35   |   |   |   |   |   |
| 8:45                                    | 9:00  | 1m35   |   |   |   |   |   |
| 9:00                                    | 9:15  | 1m35   |   |   |   |   |   |
| 9:15                                    | 9:30  | 1m35   |   |   |   |   |   |
| 9:30                                    | 9:45  | 1m35   |   |   |   |   |   |
| 9:45                                    | 10:00 | 1m35   |   |   |   |   |   |
| 10:00                                   | 10:15 | 1m35   |   |   |   |   |   |
| 10:15                                   | 10:30 | 1m35   |   |   |   |   |   |
| 10:30                                   | 10:45 | 1m35   |   |   |   |   |   |
| 10:45                                   | 11:00 | 1m35   |   |   |   |   |   |
| 11:00                                   | 11:15 | 1m35   |   |   |   |   |   |
| 11:15                                   | 11:30 | 1m35   |   |   |   |   |   |
| 11:30                                   | 11:45 | 1m35   |   |   |   |   |   |
| 11:45                                   | 12:00 | 1m35   |   |   |   |   |   |
| 12:00                                   | 12:15 | 1m35   |   |   |   |   |   |
| 12:15                                   | 12:30 | 1m35   |   |   |   |   |   |
| 12:30                                   | 12:45 | 1m35   |   |   |   |   |   |
| 12:45                                   | 13:00 | 1m35   |   |   |   |   |   |
| 13:00                                   | 13:15 | 1m35   |   |   |   |   |   |
| 13:15                                   | 13:30 | 1m35   |   |   |   |   |   |
| 13:30                                   | 13:45 | 1m35   |   |   |   |   |   |
| 13:45                                   | 14:00 | 1m35   |   |   |   |   |   |
| 14:00                                   | 14:15 | 1m35   |   |   |   |   |   |
| 14:15                                   | 14:30 | 1m35   |   |   |   |   |   |
| 14:30                                   | 14:45 | 1m35   |   |   |   |   |   |
| 14:45                                   | 15:00 | 1m35   |   |   |   |   |   |
| 15:00                                   | 15:15 | 1m35   |   |   |   |   |   |
| 15:15                                   | 15:30 | 1m35   |   |   |   |   |   |
| 15:30                                   | 15:45 | 1m35   |   |   |   |   |   |
| 15:45                                   | 16:00 | 1m35   |   |   |   |   |   |
| 16:00                                   | 16:15 | 2m     |   |   |   |   |   |
| 16:15                                   | 16:30 | 2m     |   |   |   |   |   |
| 16:30                                   | 16:45 | 2m     |   |   |   |   |   |
| 16:45                                   | 17:00 | 2m     |   |   |   |   |   |
| 17:00                                   | 17:15 | 2m     |   |   |   |   |   |
| 17:15                                   | 17:30 | 2m     |   |   |   |   |   |
| 17:30                                   | 17:45 | 2m     |   |   |   |   |   |
| 17:45                                   | 18:00 | 2m     |   |   |   |   |   |

**LEGENDE:**

zwarte banen = bezet    blauwe banen = groepslessen    paarse banen = Sportoase zwemschool

**Zondag 23 december - Zwembadbezetting****25 meter sportbad**

|       |       | DIEPTE | 1 | 2 | 3 | 4 | 5 |
|-------|-------|--------|---|---|---|---|---|
| 8:00  | 8:15  | 1m35   |   |   |   |   |   |
| 8:15  | 8:30  | 1m35   |   |   |   |   |   |
| 8:30  | 8:45  | 1m35   |   |   |   |   |   |
| 8:45  | 9:00  | 1m35   |   |   |   |   |   |
| 9:00  | 9:15  | 1m35   |   |   |   |   |   |
| 9:15  | 9:30  | 1m35   |   |   |   |   |   |
| 9:30  | 9:45  | 1m35   |   |   |   |   |   |
| 9:45  | 10:00 | 1m35   |   |   |   |   |   |
| 10:00 | 10:15 | 1m35   |   |   |   |   |   |
| 10:15 | 10:30 | 1m35   |   |   |   |   |   |
| 10:30 | 10:45 | 1m35   |   |   |   |   |   |
| 10:45 | 11:00 | 1m35   |   |   |   |   |   |
| 11:00 | 11:15 | 1m35   |   |   |   |   |   |
| 11:15 | 11:30 | 1m35   |   |   |   |   |   |
| 11:30 | 11:45 | 1m35   |   |   |   |   |   |
| 11:45 | 12:00 | 1m35   |   |   |   |   |   |
| 12:00 | 12:15 | 1m35   |   |   |   |   |   |
| 12:15 | 12:30 | 1m35   |   |   |   |   |   |
| 12:30 | 12:45 | 1m35   |   |   |   |   |   |
| 12:45 | 13:00 | 1m35   |   |   |   |   |   |
| 13:00 | 13:15 | 1m35   |   |   |   |   |   |
| 13:15 | 13:30 | 1m35   |   |   |   |   |   |
| 13:30 | 13:45 | 1m35   |   |   |   |   |   |
| 13:45 | 14:00 | 1m35   |   |   |   |   |   |
| 14:00 | 14:15 | 1m35   |   |   |   |   |   |
| 14:15 | 14:30 | 1m35   |   |   |   |   |   |
| 14:30 | 14:45 | 1m35   |   |   |   |   |   |
| 14:45 | 15:00 | 1m35   |   |   |   |   |   |
| 15:00 | 15:15 | 1m35   |   |   |   |   |   |
| 15:15 | 15:30 | 1m35   |   |   |   |   |   |
| 15:30 | 15:45 | 1m35   |   |   |   |   |   |
| 15:45 | 16:00 | 1m35   |   |   |   |   |   |
| 16:00 | 16:15 | 1m35   |   |   |   |   |   |
| 16:15 | 16:30 | 1m35   |   |   |   |   |   |
| 16:30 | 16:45 | 1m35   |   |   |   |   |   |
| 16:45 | 17:00 | 1m35   |   |   |   |   |   |
| 17:00 | 17:15 | 1m35   |   |   |   |   |   |
| 17:15 | 17:30 | 1m35   |   |   |   |   |   |
| 17:30 | 17:45 | 1m35   |   |   |   |   |   |
| 17:45 | 18:00 | 1m35   |   |   |   |   |   |