

BANENPLANNING SPORTOASE

BEGIN - EIND	MAANDAG					BEGIN - EIND	DINSDAG					BEGIN - EIND	WOENSDAG					BEGIN - EIND	DONDERDAG					BEGIN - EIND	VRIJDAG					BEGIN - EIND	ZATERDAG					BEGIN - EIND	ZONDAG				
	BODEM	1	2	3	4		5	BODEM	1	2	3		4	5	BODEM	1	2		3	4	5	BODEM	1		2	3	4	5	BODEM		1	2	3	4	5		BODEM	1	2	3	4
8:00 - 8:15	123 cm					8:00 - 8:15	135 cm					8:00 - 8:15	135 cm					8:00 - 8:15	135 cm					8:00 - 8:15	123 cm					8:00 - 8:15	135 cm					8:00 - 8:15	135 cm				
8:15 - 8:30	123 cm					8:15 - 8:30	135 cm					8:15 - 8:30	135 cm					8:15 - 8:30	135 cm					8:15 - 8:30	123 cm					8:15 - 8:30	135 cm					8:15 - 8:30	135 cm				
8:30 - 8:45	123 cm					8:30 - 8:45	135 cm					8:30 - 8:45	135 cm					8:30 - 8:45	135 cm					8:30 - 8:45	123 cm					8:30 - 8:45	135 cm					8:30 - 8:45	135 cm				
8:45 - 9:00	123 cm					8:45 - 9:00	135 cm					8:45 - 9:00	135 cm					8:45 - 9:00	135 cm					8:45 - 9:00	123 cm					8:45 - 9:00	135 cm					8:45 - 9:00	135 cm				
9:00 - 9:15	123 cm					9:00 - 9:15	75 cm					9:00 - 9:15	100 cm					9:00 - 9:15	135 cm					9:00 - 9:15	123 cm					9:00 - 9:15	55 cm					9:00 - 9:15	2 m				
9:15 - 9:30	123 cm					9:15 - 9:30	75 cm					9:15 - 9:30	100 cm					9:15 - 9:30	75 cm					9:15 - 9:30	123 cm					9:15 - 9:30	55 cm					9:15 - 9:30	2 m				
9:30 - 9:45	123 cm					9:30 - 9:45	75 cm					9:30 - 9:45	100 cm					9:30 - 9:45	75 cm					9:30 - 9:45	123 cm					9:30 - 9:45	65 cm					9:30 - 9:45	2 m				
9:45 - 10:00	123 cm					9:45 - 10:00	75 cm					9:45 - 10:00	100 cm					9:45 - 10:00	75 cm					9:45 - 10:00	123 cm					9:45 - 10:00	65 cm					9:45 - 10:00	2 m				
10:00 - 10:15	123 cm					10:00 - 10:15	75 cm					10:00 - 10:15	100 cm					10:00 - 10:15	75 cm					10:00 - 10:15	125 cm					10:00 - 10:15	65 cm					10:00 - 10:15	2 m				
10:15 - 10:30	123 cm					10:15 - 10:30	75 cm					10:15 - 10:30	100 cm					10:15 - 10:30	75 cm					10:15 - 10:30	125 cm					10:15 - 10:30	65 cm					10:15 - 10:30	2 m				
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10:45 - 11:00	123 cm					10:45 - 11:00	75 cm					10:45 - 11:00	135 cm					10:45 - 11:00	75 cm					10:45 - 11:00	125 cm					10:45 - 11:00	65 cm					10:45 - 11:00	2 m				
11:00 - 11:15	123 cm					11:00 - 11:15	75 cm					11:00 - 11:15	135 cm					11:00 - 11:15	75 cm					11:00 - 11:15	125 cm					11:00 - 11:15	65 cm					11:00 - 11:15	135 cm				
11:15 - 11:30	123 cm					11:15 - 11:30	75 cm					11:15 - 11:30	135 cm					11:15 - 11:30	75 cm					11:15 - 11:30	125 cm					11:15 - 11:30	75 cm					11:15 - 11:30	135 cm				
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12:00 - 12:15	135 cm					12:00 - 12:15	120 cm					12:00 - 12:15	135 cm					12:00 - 12:15	135 cm					12:00 - 12:15	125 cm					12:00 - 12:15	95 cm					12:00 - 12:15	135 cm				
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15:45 - 16:00	135 cm					15:45 - 16:00	135 cm					15:45 - 16:00	75 cm					15:45 - 16:00	135 cm					15:45 - 16:00	135 cm					15:45 - 16:00	2 m					15:45 - 16:00	135 cm				
16:00 - 16:15	135 cm					16:00 - 16:15	135 cm					16:00 - 16:15	75 cm					16:00 - 16:15	135 cm					16:00 - 16:15	135 cm					16:00 - 16:15	2 m					16:00 - 16:15	135 cm				
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16:30 - 16:45	55 cm					16:30 - 16:45	135 cm					16:30 - 16:45	95 cm					16:30 - 16:45	135 cm					16:30 - 16:45	135 cm					16:30 - 16:45	2 m					16:30 - 16:45	135 cm				
16:45 - 17:00	55 cm					16:45 - 17:00	135 cm					16:45 - 17:00	95 cm					16:45 - 17:00	135 cm					16:45 - 17:00	135 cm					16:45 - 17:00	2 m					16:45 - 17:00	135 cm				
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17:45 - 18:00	75 cm					17:45 - 18:00	135 cm					17:45 - 18:00	135 cm					17:45 - 18:00	135 cm					17:45 - 18:00	135 cm					17:45 - 18:00	2 m					17:45 - 18:00	135 cm				
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